Youngcare Annual Review 2015-2016

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The Issue

EACH DAY, 7,000 YOUNG AUSTRALIANS

WAKE UP IN AGED CARE AND 700,000 MORE ARE BEING CARED FOR AT HOME BY LOVED ONES OFTEN WITH VERY LIMITED SUPPORT.

The typical age of a person living in aged care is 84, with an average life expectancy of just three years[1]. The needs and aspirations of a young person with high care needs typically differ greatly to those of older residents, meaning specific care needs are often not being met.

Regardless of their care needs, young people should be living their young lives with choice, independence and dignity.

Youngcare works to champion the voices of young Australians with high care needs, raising awareness and funds to resolve this critical national issue.

[1]Australian Institute of Health and Welfare, 2011.

Who We Are

OUR MISSION

To help young people avoid or exit aged care right now. We also aim to develop viable and replicable models to solve the problem once and for all, giving young people with high care needs the choice in care and accommodation they deserve.

OUR VISION

Our vision is for a future where all young people with high care needs live the young lives they deserve.

OUR PURPOSE

To improve the lives of young people with high care needs by providing them with a choice of age-appropriate care, underpinned by research-led, innovative solutions.

OUR INSPIRATION

Shevaune Conry and all young people with high care needs.

In 2005, four mates vowed to change the considerable gap in care provision for young Aussies with high care needs when at the age of just 33 Shevaune Conry, who had multiple sclerosis, ended up living in aged care. It was the only place that could provide for her 24/7 care needs. With the purpose to create brighter futures for young people with high care needs, Youngcare was born.

Chairman's Report

What a year it has been; championing the Youngcare cause, celebrating our 10th anniversary in 2015 and now looking to the next decade and beyond as we continue to make a real difference in the lives of young Aussies with high care needs.

At Youngcare we work to find and implement solutions for what continues to be a broad and complex issue. As 7,000 young Australians wake up in aged care each morning, and 700,000 more live at home with limited support, we at Youngcare continue working toward our mission to help young people with high care needs to exit and avoid admission into aged care.

In 2015/16 we've been busy working collaboratively with the community, corporate supporters and government to build a solid foundation for the future of Youngcare, as well as ensuring we are effective right now in supporting as many young Aussies with high care needs as possible.

Thanks to our incredible supporters, this year we provided grant funding to 122 deserving young people with high care needs. In total we distributed $944,735 in At Home Care Grants and Home Soon Grants; this is the equivalent of one person exiting or avoiding aged care every three days.

In June 2016, we were thrilled to break ground at Albany Creek, Brisbane, to bring our latest apartments to life. Working in partnership with MS Queensland, this innovative new development will be home to eight young people with high care needs, featuring a new two-bedroom apartment model where residents will live independently with age-appropriate, dignified care. Other planned developments in 2016/17 include Wooloowin II, Brisbane; Auburn, Sydney and Tweed Heads in Northern New South Wales.

In the coming financial year we will bring considerable focus to our ongoing work with our research partners to provide evidence-based design and care models with real lived experience.

Youngcare is also working to continue to strengthen our rigor in the advocacy arena to ensure young people with high care needs are represented in the community at a government and policy level. In 2015/16, Youngcare was proud to put forward a record 10 policy submissions to state and federal government, and in 2016/17 we will continue to share our knowledge to help young people with high care needs navigate the roll-out of the National Disability Insurance Scheme.

We leave 2015/16 as a stronger and more sustainable organisation and with a clear view on how to bring about the change required to meet the future aspirations of young people with high care needs. This is a position we would not be in without our amazing supporters, dedicated Board of Directors and the tireless Youngcare team.

Thank you for your loyalty, passion and commitment to making a real difference in the lives of others.

I would like to extend a special thank you to Samantha Kennerley, who resigned as Chief Executive Officer of Youngcare in August 2016. Since early 2014, Sam was instrumental in guiding the organisation towards its mission of helping young people with high care needs to live the young lives they deserve. Our vision of a future where no young person has to call aged care "home" remains, as newly appointed Chief Executive Officer, Anthony Ryan joins the Youngcare team in November 2016. Anthony is passionate and committed to the Youngcare cause and brings a focus on strong strategic growth that is essential as we move through this next important stage.

A final thank you to Chief Operating Officer, Melissa Morrison for stewarding the organisation as interim CEO throughout the transition period.

We hope you enjoy reading this year's Annual Review: a snapshot of Youngcare's great progress over the past year and our journey towards a future where no young person has to wake up in aged care.

Nic De Luca
Chairman

Case Study

Justin is a 53-year-old man living with facioscapulohumeral muscular dystrophy. Diagnosed at approximately age 14, the disease has slowly progressed.

Around 15 years ago, Justin required a wheelchair for his mobility which he controls via limited movement in one of his hands. He lived in his own apartment in Bondi Junction, Sydney as independently as possible with delivered services around his needs including hoisting, showering and toileting.

In late 2015, Justin was struck by severe aspiration pneumonia and was advised by doctors that he was unlikely to survive. Against all odds, Justin pulled through, but his condition resulted in him needing to be PEG fed; sleep with the support of a BIPAP machine; and use a cough assist machine twice daily to stimulate and suction his lungs.

Justin's higher needs also presented a major "systemic" problem. Specifically, the hospital required that Justin have overnight care in order to ensure the BIPAP/oxygen was properly monitored. However, his existing government funding would not cover the care required to enable Justin to remain safely at home and government refused to fund the money required to cover the costs of care. This left Justin in a position where he was effectively being forced to exit hospital into aged care, something he was desperate to avoid.

Via the Youngcare Home Soon Grants, proudly supported by Foundation Partner Suncorp Insurance, Justin was provided with a grant to supplement his government funding for in-home care services, to help him achieve his goal of successfully moving home after many months in hospital, and avoid life in aged care well before his time.

> ***Justin is extremely excited about this outcome and finally moving home! Many thanks to Youngcare – without your help, Justin would have been placed in aged care.***
> **– Justin's carer**

What We Do

Youngcare is driven by the belief that all young Australians, regardless of their care needs, should live a young life. With no recurrent government funding, we work to achieve our mission though five key programs:

Support Programs

Youngcare's two grants programs have delivered more than $3.3 million to fund essential equipment, home modifications and respite services to enable young people to remain living at home with their families, or make the transition out of aged care to more age-appropriate accommodation.

Youngcare Connect provides information to young people with high care needs, their families and carers. This free national support phone line helps make sense of the complex disability, housing and health care systems.

Housing Solutions

To address the critical shortage of specialist disability accommodation in Australia, Youngcare is driving change and developing replicable and practical age-appropriate alternatives to aged care.

Youngcare's housing solutions currently provide a home for 28 residents (39 in total since 2007).

Making it all happen

A supportive and highly engaged community is critical to Youngcare's success. Our events help raise awareness across the community as well as vital funds to support Youngcare's work improving the lives of young people with high care needs.

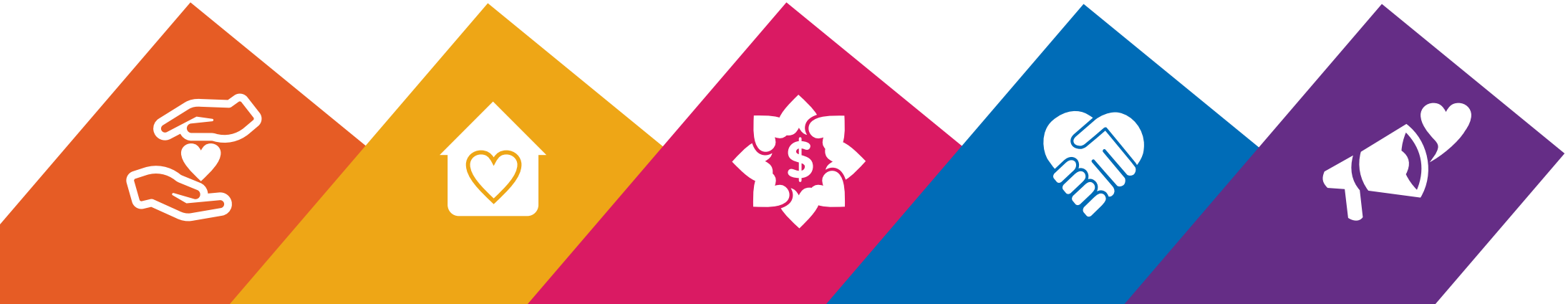
Creating change, together

With no recurrent government funding, Youngcare relies almost entirely on the generosity of our corporate and community supporters to achieve our mission to help young people with high care needs exit or avoid aged care. From events; to individual donations; to hundreds of volunteer hours and workplace giving; to pro bono legal, accounting, marketing and event support – together, we are making real change in the lives of young Australians with high care needs.

Campaigning for change

Youngcare takes every opportunity to keep the issues faced by young people with high care needs firmly on the national agenda, and works with all levels of government to identify solutions and push for policy reform.

Youngcare also works in partnership with universities and sector organisations to undertake extensive research which helps us to better understand the aspirations and needs of young people with high care needs and their carers.



Michael and Lauren's Story

> ***When Michael first moved into the nursing home, he was in a tiny little corner near the dementia ward. I needed to find somewhere better for him. Before all this happened I had no idea this was even an issue.***
> – Lauren, Michael's Wife

Michael grew up in Frankston, Victoria. Early in life he developed a love of two things: street art and his wife, Lauren.

"Michael's a complicated character. He loves graffiti art, hip hop and body boarding. We met when we were 17, we fell in love instantly and we were together a long time before he proposed."
– Lauren, Michael's wife

Michael and Lauren were together for over 10 years before a brain aneurysm left Michael in need of constant care. Michael's aneurism would present a challenge to any young family, but it came just months after Lauren, who was pregnant with twin girls, had been diagnosed with Parkinson's disease.

"When Michael had his aneurysm, I was three months' pregnant. It took quite a while for me to be confident that he knew I was there. Unfortunately the hospital system can only keep him for so long. Until you're in this world, you don't have any idea of what the world of disability is like."

Without access to suitable accommodation, Michael had no choice but to move into aged care, which was a far stretch from their warm family home, where the walls were filled with street art and photos of his family.

A Youngcare Home Soon Grant helped Michael move into supported accommodation. He is now surrounded by the artwork he loves and is able to see his young family every day.

"It's been three years and Michael continues to make great progress; the girls are a fantastic motivation for him. I try to as much as I can to get him to do the things he used to be able to do and keep him involved in everything the girls and I do too."

Youngcare's Home Soon Grants program is proudly supported by Youngcare's Foundation Partner, Suncorp Insurance.

> ***Thank you to the incredible individuals who have supported Youngcare – without you, my husband Michael would still be living in aged care.***
> ***– Lauren***

Youngcare Connect

Helping young people and their families navigate the disability, housing and healthcare systems

Youngcare Connect is a free nation-wide support line. Whether it be accommodation, respite, funding or general support, the dedicated Youngcare Connect team helps find the most appropriate solutions for families, carers and young people with high care needs.

2015 to 2016

The Youngcare Connect team handled over 1,900 calls, supporting young people and their families to find the best solutions.

Home Soon Grants

Supporting young people to exit aged care

Home Soon Grants are proudly supported by Youngcare's Foundation Partner, Suncorp Insurance. Grants range from $5,000 to $20,000 (up to $50,000 in exceptional circumstances) and help fund equipment, home modifications, respite or attendant carer services.

Home Soon Grants are available for individuals aged 18 to 65 years who are currently living in residential aged care, hospital or a rehabilitation centre and wish to return home or to supported accommodation. The grants supplement existing plans for young people leaving aged care, to aid a smooth and successful transition home.

youngcare home soon GRANTS

Foundation Partner SUNCORP Insurance

$291,912

of funding has been approved since the program launched in 2014

10 young people

with high care needs made the transition out of aged care and back into their community in 2015/16

Karina's Story

My move out of aged care

My mum was my primary carer and best friend. We lived together for 45 years until she fell and broke her wrist and could no longer care for me. We'd been trying to prepare for her increasing frailty, but I ended up moving into aged care in May of 2014. There was no other option.

> ***Living in a nursing home meant having breakfast and dinner at set times and the lack of stimulation was a big problem. Many of the older folks had lost the ability to communicate and I felt isolated and very lonely. I lost the sense of myself as an individual. At times I felt that my life had ended.***

Now, thanks to a Youngcare Home Soon Grant, I'm in my own home. Carers come three times a day to assist me with personal care, chores and cooking. Most importantly they help me to be independent, which I love. Now that I have left aged care there is so much I need to learn, and I am only just getting the hang of it. I even enjoy vacuuming! My place is great and it has been renovated to suit me and my wheelchair. Amazing!

Thanks to Youngcare I have a new home and I've become a new person. I'm grateful to all the people who've had so much faith in me. I won't let you down.

Karina, Home Soon Grant recipient

Karina enjoying spending some time in her kitchen

Lawrence's Story

Lawrence is a family man. One of five children and an uncle to 13 nieces and nephews, living at home is an important part of his identity and wellbeing.

Lawrence was born with cerebral palsy 45 years ago. He has been cared for by his parents, Lorraine and Larry, his entire life. Last year he was the recipient of a Youngcare At Home Care Grant, funding essential respite services for Lawrence and his family.

Lawrence's mum, Lorraine explains the value of respite for primary carers, especially as they age and face their own health issues.

> ***"Being a full-time carer can be exhausting, particularly now we are in our 70s. You are constantly aware of what's happening as there's always a fear Lawrence may fall or become anxious. It was important for us to receive a grant for respite last year as my husband, Larry, was facing poor health."***

As well as providing carers with a much needed break to recharge, respite offers opportunities for the recipient. Lawrence was able to enjoy six weekends away throughout the year where he could participate in new activities and meet new friends.

For Lawrence, weekends away mean a greater sense of choice, independence and being able to more fully live the life of a young person.

"I'm lucky to be able to live at home with my family, but I also enjoy spending weekends away where I can challenge myself to do the things I wouldn't normally do.

"On my first weekend away I met new people, played mini golf, visited the markets and even went out for dinner. I really enjoyed making new friends and being independent from Mum and Dad in a place where I knew I was safe.

"Now that I know it's possible for me to be more independent, I've started to think about all the opportunities available to me and I'm looking forward to new adventures in the future."

Lawrence and his parents, Lorraine and Larry

At Home Care Grants

Keeping young Aussies at home with their families, and preventing new admissions to aged care

Introduced in Queensland in 2009, Youngcare's At Home Care Grants provide one-off funding from $2,000 to $10,000 for equipment, home modifications and emergency respite care.

In 2015/16 Youngcare received 192 grant applications from across Australia.

With the generous support of community and corporate donors, Youngcare was able to fund 58% of all applications. As a result 112 young people could remain at home with their loved ones and avoid going into aged care.

In April 2016 Youngcare offered At Home Care Grants in the Northern Territory for the first time.

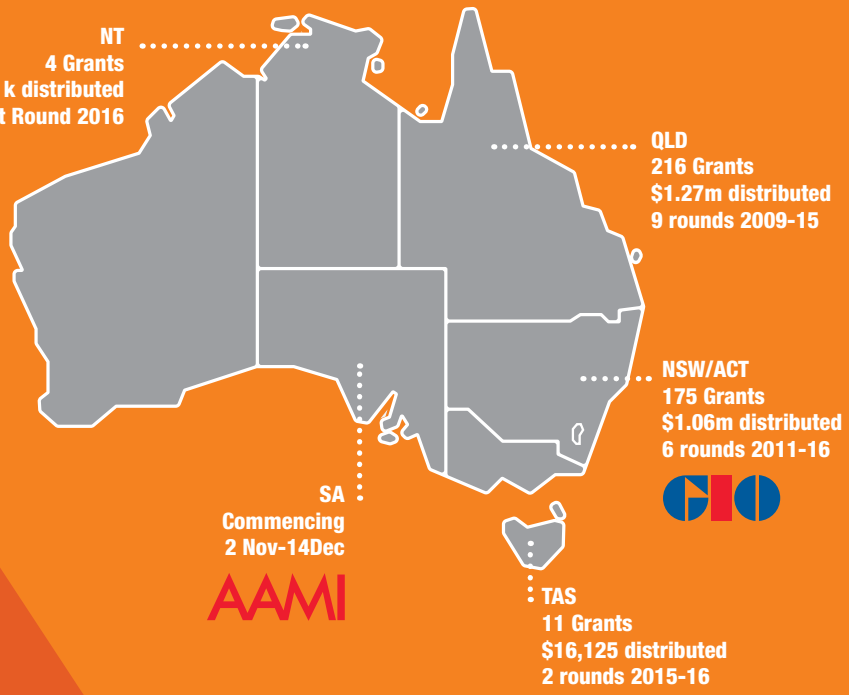
SINCE 2009:
$3.09 million
has been awarded to 528 families

IN 2015/16: $759,051
was awarded to keep 112 young people at home with their loved ones

58%
of all At Home Care Grant applications were funded

Our Impact

Youngcare's At Home Care Grants program has continued to expand throughout Australia in 2015/16, delivering on Youngcare's mission to help young people with high care needs avoid admission into aged care.



Youngcare officially opened the Youngcare Wooloowin Share House in September 2015, providing a state-of-the-art home for four young Aussies with high care needs.

The Youngcare Wooloowin Share House

Words can't say how grateful our family are for the hard work all the staff at Youngcare have done to provide Brian with this fantastic home and care to share with his fabulous new flatmates. The house is always full of fun, parties and laughter.

– Housemate Brian's family

I don't think I have seen Nick this happy in a long time. Whenever I pop round, Nick is in the beautiful, light and spacious living area, interacting and having fun with the carers and other housemates. In fact, he is so happy he no longer wants to come to our house to visit us!

– Gill Bickerstaff, housemate Nick's mum

Housing Solutions

Building and developing practical and replicable alternatives to aged care.

Youngcare Wesley Mission Queensland Apartments at Sinnamon Park, Brisbane – 2007

Home to 17 young Aussies with high care needs

12 x 1-bed apartments, 2 x 2-bed apartments, 2 x respite apartments

Youngcare Wesley Mission Queensland Apartments at Coomera, Gold Coast – 2012

Home to seven young Aussies with high care needs

7 x 1-bed apartments

Youngcare Share House at Wooloowin, Brisbane – 2015

Home to four young Aussies with high care needs

Share house with 4 bedrooms, each with en-suite and kitchenette

Expert care is delivered by Wesley Mission Queensland

Youngcare's housing program designs and develops age-appropriate homes where young people can live with choice, independence and dignity. Youngcare is developing a comprehensive housing design and specifications manual with each new home evolving from earlier projects as Youngcare continues to seek feedback from architects, developers and residents as well as their families and carers.

Youngcare Apartments at Auburn, Sydney

8 x 1-bed apartments
Building due to commence in 2017, operated in partnership with St Vincent's Health Australia

Youngcare Apartments at Tweed Heads, New South Wales

A planned joint venture with Horizon Housing

14 x 1-bed mixed tenure apartments
4 x 1-bed Youngcare apartments

Wooloowin II

Family home and villas commencing 2017

1 x 4-bed family home
3 x 2-bed villas

Youngcare and MS Queensland Apartments at Albany Creek, Brisbane – construction commenced June 2015

8 x 2-bed apartments for young people with mid to high care needs
3 x 2-bed affordable apartments to help offset maintenance costs

This project would not be possible without a land grant from the Queensland Government, which is also providing a $1 million grant via the Elderly Parent Carer Innovation Initiative (EPCII).

Building More Than A Home

On 23 September 2015, Youngcare welcomed Queensland Premier Anastasia Palaszczuk MP to officially open the Youngcare Wooloowin Share House.

Located on a stunning tree-lined street, the house features light and bright living areas and fully en-suited bedrooms. Over the past 10 months, the Share House has grown to become a home to the four housemates, their families and the local community.

Generous donors brought the Youngcare Share House to life, making an invaluable contribution to the lives of young people and their families.

Some of the home's unique and innovative design elements include:

- Homelike internal finishes and natural colour palette
- Ceiling-mounted track hoists for a more dignified and safe means of housemates transferral from bed to chair to bathroom
- En-suites, kitchenette and private decks to all bedrooms
- Doors with automatic openers to maximise independence
- Home automation – wireless voice control and iPad to operate TVs, blinds, lights, ceiling fan, air conditioning and bed controls
- Wooden floor finishes with flat door thresholds
- Social inclusion and activity zones including the living room, kitchen, garden and deck/BBQ area overlooking the tree-lined street
- Lots of glass: a light and bright environment
- A fully accessible laundry with washers and dryers
- Architecturally-designed kitchen to incorporate under-bench wheelchair access and tailored appliances.

> ***"We sought to deliver the best of both worlds where each resident has a self-contained room as well as access to a common living space. On an architectural level we wanted to build a home that delivered essential access and equipment, while appearing as a detached single residence on an established residential street."***
>
> – Richard Coulson, Cox Architecture

Nick is a very social person, so it is great for him to have the company of young people his own age who he can have fun with. The feeling of relief, knowing he is living somewhere he is happy and well cared for, is indescribable. I feel like I have got my life back too and can live without the constant worry of Nick being somewhere he isn't safe and happy."

– Gill Bickerstaff, housemate Nick's mum.

Our pre/post research of Wooloowin showed us that real and meaningful lives can be recovered and developed after many years living in inappropriate accommodation. This outcome is largely the result of a commitment to the concept of home, the fostering of community networks and natural supports and regular access to maintenance therapy and rehabilitation.

– Professor Heidi Zeeman, Griffith University

Young people deserve to be around other young people. I congratulate Youngcare and care partner Wesley Mission Queensland on developing this share house, which gives four deserving young Queenslanders choice, independence and dignity.

– The Hon. Anastasia Palaszczuk MP, Premier of Queensland

I've noticed in the short time I've been here how much of a difference it has made. It's been a breath of fresh air to come to a place where I'm encouraged to be independent.

– Dr Trina Stewart, Youngcare Wooloowin housemate

Campaigning For Change

In 2015/16, Youngcare's policy team put forward a record 10 submissions to government, continuing our focus on influencing housing, health and disability policy throughout the country.

This year our policy submission work has been particularly focused on the roll out of the National Disability Insurance Scheme (NDIS) where we have advocated for the development and delivery of new models of care and accommodation that are scalable, viable and replicable. In October 2015 Youngcare was invited by the Joint Standing Committee on the NDIS to participate in a roundtable on housing which looked at the issues surrounding options for young people with high care needs, and how access to these types of accommodation can be improved.

The senate round table led to the Youngcare Think Tank, held in December 2015, including delegates from the disability, property and housing sectors, Federal Government, NDIA, policy makers, industry, and – most importantly – young people living with disabilities. The session identified the gaps that exist with current housing options and factors that need to be addressed to give choice and control to young Aussies with high care needs.

Following the Think Tank, a working group responsible for drafting submissions back to the Joint Standing Committee on the NDIS and the Council of Australian Governments (COAG) Disability Care and Support Committee was created.

Research And Development

Sharing and working with knowledge

Youngcare works with universities and sector organisations to undertake research which helps us to further understand the needs and aspirations of young Aussies with high care needs. The findings and knowledge learned can be applied across all of our programs and projects.

Youngcare's Design Philosophy Summary is informed by ongoing research, the ideas and opinions of young people and our decade-long building experience. The summary is publicly available via the Youngcare website.

In 2015 Youngcare worked with consultants Social Outcomes to undertake an analysis of our social return on investment. This work has helped to identify the social and economic impact of Youngcare's work as well as future opportunities for growth.

This research project was proudly made possible by foundation partner, Suncorp Insurance.

Spark NeuroCare Network

Youngcare is proud to be a founding member of the Spark NeuroCare Network, a Queensland-based group of seven sector organisations committed to igniting the power of coordinated care for people living with progressive neurological disease. Through specialised care coordination services, Spark NeuroCare works to achieve better service delivery for customers and clients, as well as efficiencies for partner organisations.

youngcare | SPARK The NeuroCare Network

Adapted Physical Activity Program

This year housemates at the Youngcare Wooloowin Share House commenced the Adapted Physical Activity Program via The School of Human Movement and Nutrition Sciences at The University of Queensland. The aim of the program is to provide people with disabilities the skills and knowledge they require to be physically active in their home or community, through face-to-face, individually tailored sessions. The program is proudly supported by Suncorp Insurance.

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Foundation Partner

Griffith University's Australian Research Council Linkage grant project

Youngcare is supporting Griffith University's Australian Research Council Linkage grant project, developing and testing a decision support system for identifying housing options, mapping preferences and evaluating priorities in the disability market.

Participation in the project supports Youngcare's capacity to respond to the disability and housing sectors, alongside other projects working with the Motor Accident Insurance Commission, Synapse Australia, Curtin University and The University of Queensland.

Corporate Support

As Youngcare receives no recurrent government funding, we rely almost entirely on corporate and community support to achieve our mission.

In 2015-16, our generous corporate partners helped to drive change and provided funding for numerous young Aussies with high care needs.

From financial contributions; to hundreds of volunteer hours; to workplace giving; to pro bono legal, accounting, marketing and event support; our extraordinary corporate supporters are with us every step of the way.

Getting involved!

Herbert Smith Freehills rolled up their sleeves to help pack the rations they so generously sponsored for the 2016 Simpson Desert Trekkers.

In February the Wooloowin Share House shared a delicious KFC dinner with the team from Collins Foods Limited (CFL) who have been supporting Youngcare since 2008 through their Workplace Giving program.

A big thank you to the 24 Flight Centre volunteers, who wrapped Youngcakes, made thank you calls, took part in Workplace Giving and Special Project Forums and even baked their very own Youngcake in December 2015.

CFL visits the Wooloowin Share House

Herbert Smith Freehills Volunteers

Flight Centre Volunteers

Youngcare Foundation Partner, Suncorp Insurance

From grants programs, to events, to social impact research, our Foundation Partner, Suncorp Insurance, provides outstanding ongoing support for our work. In 2015-16 Suncorp Insurance has again helped us to deliver choice, independence and dignity to young Aussies with high care needs.

Two senior Suncorp executives participated in the 2016 Youngcare Simpson Desert Challenge, together raising more than $125,000 through a range of fundraising events including a golf day, trivia nights and raffles.

The At Home Care Grants program in New South Wales and the Australian Capital Territory was generously supported by GIO, with Suncorp again partnering with Youngcare to deliver the second round of the Home Soon Grants program.

A number of Youngcare's other milestone events for the year, including the 2015 Youngcare Benefit Concert and the Change Course New York Marathon, were proudly backed by Suncorp and reflect the passion and commitment which underpins this unique partnership.

In typical "roll up the sleeves" style, Suncorp employees gave up countless hours of their time to support Youngcare events throughout the year.

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Foundation Partner

Corporate Events

Celebrating 10 years of Youngcare

Marking our 10th anniversary, Youngcare residents were guests of honour at an afternoon tea hosted by the Governor of Queensland, His Excellency the Honourable Paul de Jersey AC, and Mrs Kaye de Jersey, at Government House on 20 August, 2015.

Conversations on the Lawn

Some of Sydney's best thinkers and decision makers from across business, government and the community came together for Youngcare's Conversations on the Lawn event to stimulate discussion about how we can all create real change for young Aussies with high care needs.

Y Women

Youngcare resident, Julia Agostinelli and Nine's Melissa Downes were guest speakers at the Y Women networking lunch in April 2016 involving more than 50 of Brisbane's leading businesswomen. The lunch raised almost $14,000 towards Youngcare's upcoming development at Albany Creek.

Ribs & Red

One of the most popular events on the corporate calendar, Ribs & Red is a magnificent meaty lunch held annually in Brisbane and Sydney. Guests enjoyed an action-packed afternoon raising an amazing total of $419,000 to help transform the lives of young people with high care needs.

Thanks to the hard work of the Ribs & Red Committees, these relaxed and very entertaining lunches were once again a great success in 2015/16.

Ribs & Red Committee Brisbane
- David Conry
- Robert White
- Tony Williams
- Tim Russell
- Joe Gallagher
- Luke Mountford

Ribs & Red Committee Sydney
- Taine Moufarrige
- Justin Greiner
- Matthew Blades
- John McAvoy

Changemakers

Changemakers saw 17 business leaders donating their time in thought-provoking workshops and events to support Youngcare's strategic goals. The program is proudly sponsored by University of Queensland Business School.

I knew this was going to be tough, but I had no idea how difficult it would be to feel so isolated. We were only in the desert for eight days, but these young people find themselves in aged care for a much longer time. Overall this has been the most incredible journey.

Katie Mattin, NOVA 106.9 presenter
– 2016 Simpson Desert Challenge trekker

Adventure Challenges

Simpson Desert Challenge 2016

On the morning of 28 April 2016, 16 trekkers rose at the crack of dawn to begin a 250km walk to the geographic centre of the Simpson Desert.

Now in its fourth year, the Youngcare Simpson Desert Challenge is not for the faint-hearted. Over seven days trekkers battled extreme heat, torrential rain, endless sand dunes and very sore feet.

Of course these challenges pale in comparison to those of young people with high care needs.

The risk of torrential rain and flooding brought this year's trek to an abrupt end, 100 kilometres from the finish line. The lack of choice and control faced by the trekkers was a startling and poignant reminder of the challenges young people with high care needs face on a daily basis.

The 2016 trekkers raised an incredible **$652,743** towards Youngcare and MS Queensland apartments at Albany Creek, Brisbane, due to be completed in early 2017.

150KM JOURNEY ON FOOT

more than 1,000 sand dunes

Carrying a 10kg backpack

160 litres of water per day

TOGETHER THE TREKKERS RAISED $652,743 FOR YOUNG AUSSIES

BLACK TIE BINGO

Youngcare Simpson Desert Challenge trekkers, Channel Nine's Melissa Downes and NOVA's Katie Mattin, hosted a Black Tie Bingo event to raise funds for Youngcare. The glamorous evening featured some fantastic entertainment and prizes as participants set about raising both funds and awareness for young people with high care needs.

8 DAYS IN THE DESERT

The Youngcare Simpson Desert Challenge 2016 featured in the Channel Nine documentary, *8 Days in the Desert*, proudly presented by Youngcare Foundation Partner, Suncorp Insurance. The documentary followed the stories of the trekkers leading up to and during the challenge, alongside the stories of two of Youngcare's residents, Hazel Morel and Julia Agostinelli. Guests were invited to a special premiere in Brisbane, prior to the documentary airing across the Nine Network on 28 May, 2016 in Queensland and 29 May, 2016 across the rest of Australia.

Cradle Mountain Adventure Challenge 2015

In November 2015, six proud Youngcare supporters, together with two guides, set off on one of Australia's most beautiful, and dangerous mountain walks, the Cradle Mountain Overland Track.

"The five days on the track were a mixture of laughs, gasping for breath, struggling to get my little legs up the steep steps and getting to know my team members. Mother Nature sure knew how to test and amaze us; we had wind that was so strong it could blow us over the boardwalk and snow that made you want to throw snowballs! The experience was challenging physically, but I enjoyed so many aspects of the journey. When I began to struggle, I kept saying to myself, 'Imagine how hard it would be if you were learning to walk again – as so many Youngcare residents have had to do.'"

– Jane Pires, Suncorp – Cradle Mountain Challenge trekker

Trekkers battled heavy rain, freezing temperatures, sleet and even snow

TO RAISE OVER A COMBINED

$32,000

for young Aussies with high care needs

New York Marathon

In an incredible feat, six exhausted but elated Aussies crossed the finish line at the world's most iconic marathon in New York City on 1 November, 2015.

NOVA breakfast announcers Ash, Kip and Luttsy, Channel Nine's Andrew Lofthouse and trainer Ricky Dumigan, together with Youngcare resident Tim Martin, completed the gruelling 42 kilometres side-by-side, all in the name of raising awareness for the 7,000 young people with high care needs currently living in aged care across Australia.

In the lead up to the marathon, even those not heading to the Big Apple were encouraged to get involved with weekly running clubs as part of the six-week Change Course challenge.

For resident Tim, the overseas adventure was a true young person's rite of passage, a trip previously considered impossible following his brain injury sustained at age 23. However, thanks to the support of Suncorp Insurance, NOVA, Channel Nine and Youngcare, Tim was able to fulfil his dream of visiting New York. Tim completed the marathon in a specially designed race wheelchair generously funded by Suncorp Insurance.

The excitement of this whirlwind week was captured in the 'Live Young, Run Hard: 10 Years of Youngcare' documentary which premiered on Channel Nine in November.

A special screening in Sydney, coincided with the International Day of People with Disability on 3 December, 2015.

Making It All Happen

The young men at Moreton Bay Boys' College raised a magnificent $5,250 at the 2015 Carnival Day.

Youngcare & Queensland Rail Young Professionals volunteers tin-rattled at Brisbane train stations to raise $3,917!

The team from Staples Queensland participated in the Brisbane Times City2South 2016, raising $3,172!

Community Events

A supportive and highly engaged community is crucial as Youngcare works to achieve our mission to ensure no young person has to wake up in aged care. As we receive no recurrent government funding, beneficiary events play an essential role raising both awareness of the issue and vital funding to support Youngcare's housing solutions and grants programs.

Small actions can make a huge difference in the lives of young people with high care needs. A single event raising funds and awareness, whether it be big or small or held by the young or young at heart, can mean the difference between a young person staying at home with their loved ones or entering aged care. In 2015/16 over 120 community groups raised funds for Youngcare.

An amazing $9,400 was raised at the Bankstown Golf Club Ladies Day on 26 May 2016.

Youngcare was dancing when we received $8,223 from the Sayers Dance Centre & Premier Dance Academy Charity Show.

Auctioning off "Frangipanis", by John Honeywill at the Somerville House P&F Mad Hatter's Ball raised a magnificent $6,300.

The boys from St Joseph's Nudgee College's McKenna House put their BBQ and trivia skills to work to raise an awesome $5,000.

An incredible $1,436 was raised from the sale of event wristbands at Brookside Family Fun Day on 12 August, 2015.

Greenbank RSL 'chipped in' to raise $5,000 for Youngcare at their Annual Charity Golf Day.

Youngcare was excited to be a beneficiary at the 46th Hot Rod Show in May 2016 where over $4,000 was raised!

The ladies at Cromer Golf Club raised funds for NSW At Home Care Grants at their charity day on 8 September, 2015.

Individual Fundraisers

Youngcare never ceases to be amazed by the individuals who take it upon themselves to make a real difference in their community. From selling tea and coffee for a gold coin donation, to climbing Mt Everest and even sky diving, 2015/16 saw amazing, passionate people achieve incredible personal feats all in the name of creating real change in the lives of young Aussies with high care needs.

Inspired by her sister's 24/7 care needs, Stephanie Caldow raised an incredible $11,284 climbing to Mt Everest Base Camp.

Youngcare Board Member Peter Hudson and his mate Allan Ford conquered the 2015 New York City Marathon for Youngcare.

The very generous Molanello family raised more than $2,000 for Youngcare instead of buying Christmas presents in 2015.

Jessica Englart fundraised for Youngcare and Queensland Cancer Council, cutting almost half a metre off her hair to raise $1,800.

Joy has raised more than $1,600 for Youngcare selling tea and raffling handmade items during Queensland Youth Orchestra sessions.

Beneficiary Events

Beneficiary events help Youngcare to raise vital awareness and funds across the community – here's a snapshot of just some of the awesome events in 2015/16.

Youngcare was thrilled to be the beneficiary of Oktoberfest Brisbane in 2015. Since 2008, the event has raised more than $186,922 – PROST!

Youngcare was privileged to be the beneficiary of the Tattersall's Club Melbourne Cup Luncheon, where $7,000 was raised.

It's fantastic to have the support of Women in Finance, during the Inspirational Women Series in 2015 and 2016.

The Bruce Lynton Charity Ball raised fantastic funds for local charities including Youngcare.

Each year around Australia Day, 22 mates come together to honour close friend Tony O'Brien and raise incredible funds for Youngcare.

The 5th Youngcare Long Lunch, hosted by Abby Mackay and Mary McLean raised over $25,500 and great awareness for Youngcare.

Youngcare had a fantastic weekend at the Gympie Music Muster, raising almost $7,000 & even scoring a shout-out on Sunrise.

Youngcare loved joining the fun at Brothers Rugby Club Ladies' Day in 2016, which saw $2,000 raised.

It was awesome to partner with the Corporate Rugby Tens to raise over $17,800 for Youngcare.

The Story Bridge Hotel raised $15,000 for Youngcare as charity of choice at the 35th annual Australia Day Cockroach Races!

Players got in the swing of things at the Chip in for Youngcare Suncorp Golf Day, fundraising for the 2016 Youngcare Simpson Desert Challenge.

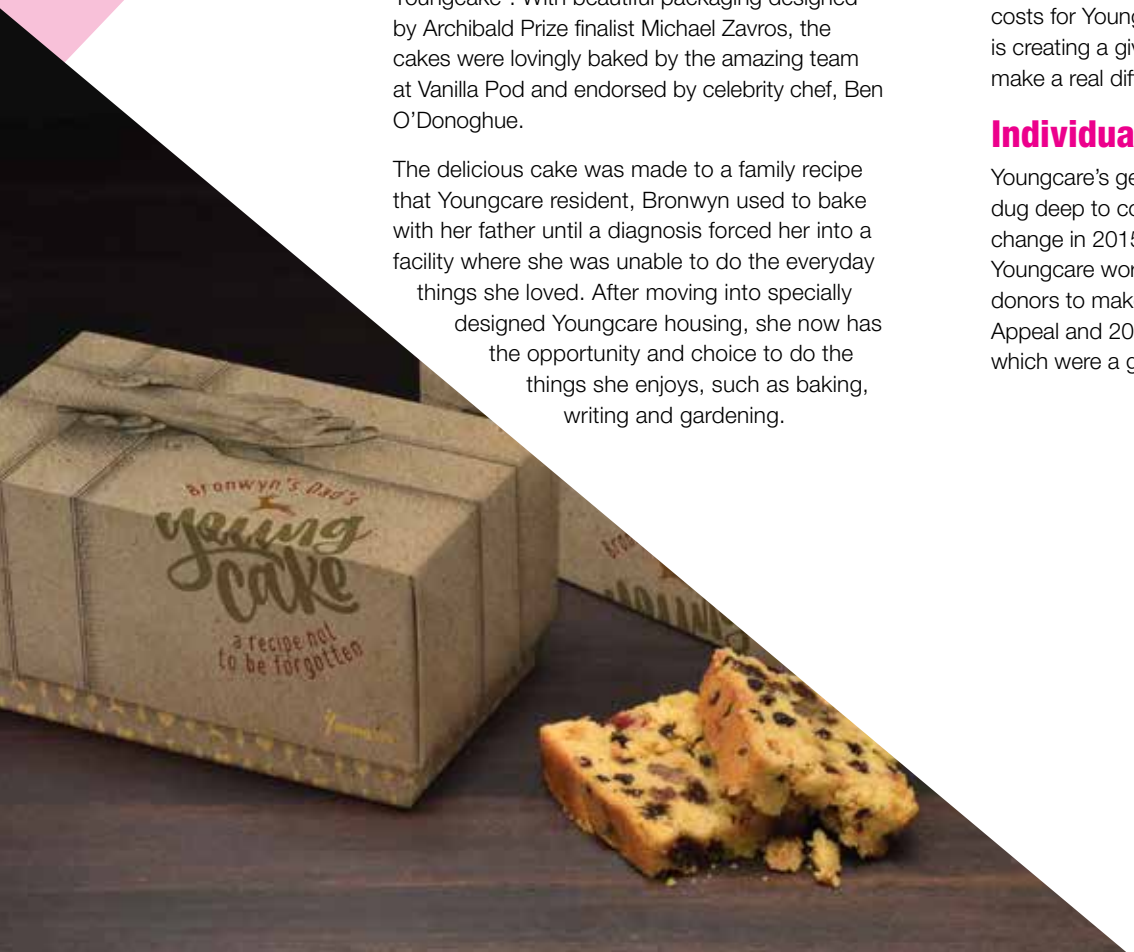
Across the Channel Seven Brisbane Racing Carnival, Youngcare sold 3,500 race day pins – raising over $31,400.

Sustainable Fundraising

Youngcakes

November saw the launch of an innovative new initiative for Youngcare, “Bronwyn’s Dad’s Youngcake”. With beautiful packaging designed by Archibald Prize finalist Michael Zavros, the cakes were lovingly baked by the amazing team at Vanilla Pod and endorsed by celebrity chef, Ben O’Donoghue.

The delicious cake was made to a family recipe that Youngcare resident, Bronwyn used to bake with her father until a diagnosis forced her into a facility where she was unable to do the everyday things she loved. After moving into specially designed Youngcare housing, she now has the opportunity and choice to do the things she enjoys, such as baking, writing and gardening.



Workplace Giving

Workplace Giving enables employees to easily support and engage with Youngcare, receiving immediate tax deductions and reducing fundraising costs for Youngcare; perhaps the greatest benefit is creating a giving culture and enabling people to make a real difference in their daily work.

Individual Giving

Youngcare’s generous and passionate supporters dug deep to contribute towards creating real change in 2015/16. Throughout the year, Youngcare worked to engage and encourage donors to make a gift through the 2015/16 Tax Appeal and 2015 Christmas Appeal, both of which were a great success.

Regular Giving

In 2015/16, Youngcare supported 122 young people to exit or avoid aged care and four deserving young Aussies moved into their new home at the Youngcare Share House at Wooloowin.

None of this would have been possible without Youngcare’s amazing monthly regular givers. With the support of these loyal regular donors, Youngcare is able to ensure a sustainable source of income, allowing the organisation to implement strategies to maximise social impact and plan for the future.

1,726 donors
gave a regular gift in 2014/15

Volunteer Snapshots

Youngcare volunteers are amazing people. Each of our vollies has incredible talent, a unique personality and their own special motivation for what they do – and another thing is for sure, they are all worth their weight in gold! Youngcare's work helping all young Aussies live their young lives with choice, independence and dignity would not be possible without our fantastic volunteers.

Liane

Volunteering for Youngcare has been even more rewarding than I thought it would be. It is such a huge buzz to know that you are helping to make a difference in people's lives.

Shannon

Learning that so many young people wake up in aged care every day was shocking. I feel passionately about trying to make this world a better place. I truly believe in Youngcare and look forward to future volunteering opportunities.

Mark

The experience I've had volunteering for Youngcare has been very positive – both events I've been to were very fun and lively.

Lily, Olivia and Jack

It was lovely to meet the housemates and share some time together baking, playing music and battling on Wii Tennis. The whole aim of our visit was to provide a little respite for the housemates, as well as to ensure our children can know what it is to demonstrate compassion.

– Karen Camilleri

Lyn and Ian

We enjoy volunteering for Youngcare as it's a cause very close to our hearts. We don't have to make a regular commitment, which suits us well as we also love to travel.

In 2015-16, 876 volunteers completed 3,621 hours equating to a saving of $81,442.50 in staff hours*

* calculated at $22.50 per hour (Valuing Volunteers for In-Kind, Strategic Grants, 2015)

Youngcare 10th Anniversary Benefit Concert

Music has been a massive part of Youngcare's DNA since the beginning. In October 2015 Australian music legend Bernard Fanning was joined by Melbourne's #1 Dads, Mosman Alder and special guest The Go Betweens' Robert Forster, for a live concert at Brisbane's City Hall, to celebrate Youngcare's 10th anniversary.

Hosted by The Chaser's Julian Morrow, the Youngcare Benefit Concert 2015 was featured on TV, radio, print and social media, and raised vital funds for young Aussies with high care needs.

To date, Youngcare Benefit Concerts have raised over $800,000 for young Aussies with high care needs

The 2015 Youngcare Benefit Concert was a sell-out event with over 1,200 tickets sold

Meet The Board

Nic De Luca
Board Chairman
March 2012 – Present

De Luca Corporation,
Managing Director

The founder and director of De Luca Corporation, Nic has 20 years' experience in all aspects of the construction and property industry. Nic holds a degree in Construction Management, is a Division Council member of the Property Council of Australia and is a member of Master Builders and the Institute of Company Directors.

Mark Foley
Board Director
March 2012 – Present

FKG Group,
Chief Operations Officer

Mark has over 20 years' experience in the electrical contracting field and has established numerous successful businesses in the satellite, electrical, property development and managed services sectors.

Kylie Blucher
Board Director
June 2013 – Present

Nine Network Australia,
Managing Director QTQ-9

Kylie is one of Queensland's most respected media executives and has worked in the industry for more than 25 years. She has held various senior positions with the Austereo Radio Network and the Nine Network. Kylie is also a member of the Queensland Performing Arts Complex Board.

Taine Moufarrige
Board Director
November 2013 – Present

Light Energy Australia,
Chief Executive Officer

A lawyer by trade, Taine is CEO of Light Energy Australia, facilitating the change for large commercial, industrial, and residential properties to LED lighting technology. Taine works as a strategic business development partner for Cutting Edge, acts as a non-executive Director for Servcorp and the European Australian Business Council, is Chairman of the Youngcare Sydney Leadership Group and sits on the Investment and Export Advisory Panel for the NSW Government.

Pictured opposite:
(Back) Nic De Luca, Mark Foley, Taine Moufarrige, Peter Hudson.
(Front) Kylie Blucher, Samantha Kennerley, Tina Davey. Absent: Paul McLean, Nicholas Bonifant.

I most enjoy driving change at a government level and rallying the support of the community to shed light on this issue that so many are unaware of.
– Mark Foley

I joined the Board of Youngcare because I couldn't believe that there wasn't a better financial funding model to support the accommodation needs for young people with high care needs.
– Peter Hudson

Through Channel Nine's coverage of Shevaune and David Conry's story I have built a personal and professional connection with Youngcare and remain committed to doing what I can to help the organisation ensure young Aussies with high care needs live life with choice, independence and dignity.
– Kylie Blucher

Meet The Board...

Paul McLean
Board Director
February 2012 – Present

Savills Australia,
Queensland Managing Director

Paul brings to Youngcare a wealth of experience and knowledge in both the corporate and community sectors. Previously, Paul has been Chief Executive Officer of Savills Australia, President of the Australian Rugby Union from 2005 to 2009, and the Australian representative on the International Rugby Board from 2007 to 2009. Paul is also a member of the Savills Asia-Pacific Board.

Peter Hudson
Board Director
March 2012 – Present

Stradbroke Capital,
Director

For the past 24 years Peter has worked at KPMG, a global professional services firm. He has advised clients across a wide range of industries when they have undertaken complex business acquisitions, disposals and capital raising. As a partner at KPMG for 11 years, Peter assisted Government across Australia to undertake various asset transactions. Peter left KPMG in July 2016 to start Stradbroke Capital, a boutique investment firm focussed on helping Australian small businesses raise capital to achieve growth aspirations.

Tina Davey
Board Director
March 2015 – Present

KPMG Australia,
Director

With more than 20 years' experience, Tina is a Director in KPMG's Health, Ageing and Human Services practice and the sector lead for human services in Queensland. Tina specialises in strategy development, program design and reform, service improvement and integration across a diverse range of services including disability, housing and homelessness, mental health and child protection services.

Nicholas Bonifant
Board Director
April 2005 – November 2015

Eighth Gate Capital Management
Co-Founder and Director

With specialist skills in asset acquisition and over 20 years' experience in the Australian property market, Nick has held senior roles and directorships with numerous Australian private and public property companies including Mirvac and AV Jennings. Nick currently runs his own property investment firm, Eighth Gate Capital Management.

As co-founder of Youngcare and the legendary Budgie Bolt, Nick's work has been integral to building and establishing Youngcare's DNA.

Samantha Evans
Company Secretary
February 2016 – Present

Horizon Housing, Chief Operations Officer

As Chief Operations Officer for Horizon Housing, Sam is responsible for all aspects of tenancy management, asset management, compliance and investor relations for the Horizon Group. Prior to joining Horizon Housing, Sam worked for Brisbane Housing Company, and as the Head of Research and Innovation for the Housing Corporation in the United Kingdom. Sam has extensive experience as a Company Secretary and Director for not-for-profit organisations including BHC and its subsidiaries, PowerHousing Australia, and NRAS Providers Ltd (NPL).

Samantha Kennerley
Chief Executive Officer
April 2014 – August 2016

Youngcare

As CEO, Sam brought her expertise as a high level marketing and communications professional to lead Youngcare and implement the strategic coordination of the organisation's programs and services. Sam has more than 25 years' experience in the commercial sector, including senior management roles and directorships both in the UK and in Australia in the FMCG and professional services sectors. She also founded the award-winning, UK-based Dabbs PR & Marketing Consultancy.

Financials

A big thank you to EY who have provided pro bono audit support since 2006

STATEMENT OF COMPREHENSIVE INCOME
YEAR ENDED 30 JUNE 2016

	2016 $	2015 $
Revenue from Continuing Operations	5,012,038	4,614,570
Net Income/(Loss) from Housing Solutions Accommodation	202,241	-
Other Income	358,339	439,831
Less		
Operating Expenses	4,703,331	4,433,469
Net Surplus/(Loss) after Income Tax Expense	**869,287**	**620,932**
Other Comprehensive Income	40,443	(32,881)
Total Comprehensive Income Including Net Surplus/(Loss) After Income Tax Expense	**909,730**	**588,051**

BALANCE SHEET
AS AT 30 JUNE 2016

	2016 $	2015 $
CURRENT ASSETS		
Cash	8,128,338	7,542,371
Receivables	538,006	297,703
Prepayments and other assets	43,032	84,775
TOTAL CURRENT ASSETS	8,709,376	7,924,849
NON-CURRENT ASSETS		
Investments	1,512,336	1,396,036
Intangible Assets	16,454	22,062
Fixed Assets	3,248,805	3,136,325
TOTAL NON-CURRENT ASSETS	4,777,595	4,554,423
TOTAL ASSETS	**13,486,971**	**12,479,272**

	2016 $	2015 $
CURRENT LIABILITIES		
Payables	645,467	467,558
Deferred Income	2,343,810	2,442,586
Provision for Employee Entitlements	64,610	45,703
TOTAL CURRENT LIABILITIES	3,053,887	2,955,847
NON-CURRENT LIABILITIES		
Interest Bearing Liabilities and Loans	373	434
TOTAL NON-CURRENT LIABILITIES	373	434
TOTAL LIABILITIES	**3,054,260**	**2,956,281**
NET ASSETS	**10,432,711**	**9,522,991**
MEMBERS' FUNDS		
Members' Contribution	10	20
Fair Value Reserve	53,159	12,716
Retained Surplus	10,379,542	9,510,255
TOTAL MEMBERS' FUNDS	**10,432,711**	**9,522,991**

CASH FLOW STATEMENT
YEAR ENDED 30 JUNE 2016

	2016 $	2015 $
CASH FLOWS FROM OPERATING ACTIVITIES		
Receipts from donations & fundraising events	5,014,796	4,462,709
Payments to suppliers and employees	(4,506,897)	(4,376,591)
Sundry income received	52,800	48,350
Interest Received	159,171	294,637
Interest Paid	(403)	(974)
NET CASH FLOWS FROM /(USED IN) OPERATING ACTIVITIES	**719,467**	**428,131**
CASH FLOWS FROM INVESTING ACTIVITIES		
Payments for Intangibles	-	-
Payments for Investments	-	-
Proceeds from Investments	154,368	-
Payments for Property, Plant and Equipment	(287,807)	(1,502,724)
NET CASH FLOWS USED IN INVESTING ACTIVITIES	**(133,439)**	**(1,502,724)**

	2015 $	2014 $
CASH FLOWS FROM FINANCING ACTIVITIES		
Repayment of Borrowings	(61)	(48)
NET CASH FLOWS USED IN FINANCING ACTIVITIES	**(61)**	**(48)**
NET INCREASE/ (DECREASE) IN CASH HELD	**585,967**	**(1,074,641)**
Add opening cash brought forward	7,542,371	8,617,012
CLOSING CASH CARRIED FORWARD	**8,128,338**	**7,542,371**

A HUGE thank you to our passionate and generous supporters, partners, volunteers, residents and housemates for joining us on the journey towards a future where no young Aussie has to call aged care "home".

THANK YOU

Thanks to our incredible supporters in 2015/16
Youngcare was able to help

ONE person every TWO days

exit or avoid admission into aged care.

youngcare | SUNCORP Insurance

Foundation Partner

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